



AYURVEDIC  
PRACTITIONERS  
ASSOCIATION  
SINGAPORE

**AYURVEDIC PRACTITIONERS  
ASSOCIATION OF SINGAPORE  
(APAS)**

**OPERATIONS HANDBOOK**

## **Introduction**

This handbook contains relevant documents that is required for its operation. It is a compilation of various documents and process that has been collated to run this association.

## **Usage**

This document which is classified confidential is for the sole use of the executive committee members of APAS.

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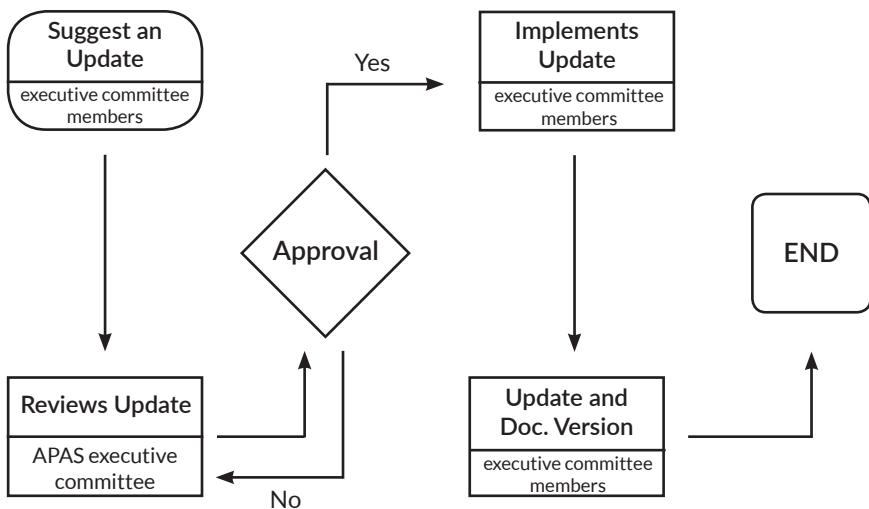
## **Revision and Updates**

This document will be updated/amended as and when required. The add/delete/change portion will be deliberated and approved by the executive committee before the change in this document can take place.

The version sequencing of this document will be as follows.

- V 1.0 – 1st version
- V 1.x – 2nd version onwards
- V 2.0 – for major revamp or when document is updated after the next executive committee is formed.

## Operation Handbook Revision and Updates Process



### APAS EXECUTIVE COMMITTEE MEMBERS Executive Board

	Name	Designation
1	Dr. Bindu Ancy Joshi	President
2	Dr. Lakshmi Jayalakshmi Nair	Vice President
3	Dr. Periyasami Karthikeyan	Secretary
4	Dr. Elamthuruthi Joseph Joshi	Deputy Secretary
5	Dr. Jegadeesan Nirubha	Treasurer

## Executive Committee Members

	Name
1	Dr. Raveendra Nathan Pillai Indusekhar
2	Dr. Vayalil Chathoth Ajithkumar
3	Dr. Kachapilly Augustine Nicy
4	Mr. A Mahesh
5	Dr. Chuzhalippurath Illam Sudev
6	Dr. Balakrishnan Sugunakumari
7	Dr. Shilpa Vivek

## Patrons

	Name
1	Mr. Jayakumar Narayanan (PBM, BBM)
2	Mr. Chandran Nair

## Legal Advisors

	Name
1	Mr. Chandra Mohan K. Nair (PBM, BBM)
2	Mr. Divyesh Menon

## Constitution Review Committee

	<b>Name</b>
1	Mr. Chandra Mohan K. Nair (PBM, BBM)
2	Mr. Syam Kumar Prabhakaran
3	Dr. Ravindranathan Pillai Indusekhar
4	Dr. Vayalil Chathoth Ajithkumar
5	Dr. Bindu Ancy Joshi

## Internal Audit Committee

	<b>Name</b>
1	Mr. Krishna Das s/o Urath Sankaran Nair
2	Ms. Leela Subramaniam

## Disciplinary Committee

	<b>Name</b>
1	Mdm Sarojini Padmanabhan
2	Mr. Ismail Moosa

**LIST OF AYURVEDIC CENTERS REGISTERED WITH THE  
AYURVEDIC PRACTITIONERS ASSOCIATION OF SINGAPORE  
(APAS)**

	Company Name	Owner / Director's Name	UEN
1	<b>Asian Ayurveda &amp; Marma Pte Ltd</b> BLK 683, #01-127, Tessensohn Road, Singapore 210683	Dr. Raveendra Nathan Pillai Indusekhar	201610673M
2	<b>Ayur Centre Pte Ltd</b> Blk 84 Bedok North St 4 #01-17 Singapore 460084	Dr. Periyasami Karthikeyan	201600348G
3	<b>Ayur Centre Pte Ltd</b> Blk 249 Jurong East St 24, #01-86 , Singapore 600249	Dr. Periyasami Karthikeyan	201600348G
4	<b>Ayurlife Ayurvedic Pte Ltd</b> 103 Rangoon Road, #01-02 Rangoon Court, Singapore 218386	Dr. Lakshmi Jayalakshmi Nair	201804083M
5	<b>Ayush Ayurveda Academy Pte Ltd</b> Blk 472 Tampines Street, 44 #01-63 Singapore 520472	Dr. Vayalil Chathoth Ajithkumar	201438072N
6	<b>Ayush Ayurveda Healthcare Pte Ltd</b> Blk 927 Yishun Central 1 #01-171 Singapore 760927	Dr. Vayalil Chathoth Ajithkumar	200512717W

	Company Name	Owner / Director's Name	UEN
7	<b>Ayush Ayurvedic Pte Ltd</b> 146 Racecourse Road, Singapore 218595	Dr. Vayalil Chathoth Ajithkumar	200807684N
8	<b>Ayush Wellness Pte Ltd</b> 135 Jurong Gateway Road #02-333, Singapore-600135	1. Leela D/o Subramaniam Mrs Solomon George Manager,  2. Sithadevi	202338108G
9	<b>Global Ayurvedic centre Pte Ltd</b> 456 Race course road, Singapore-218698	Dr. Jagadeesan Nirubha	200406825G
10	<b>Indian Ayurveda center Pte Ltd</b> Blk 352 Clementi Ave 2, #01-101, Singapore 120352	Dr. Kachappilly Augustine Nicy	201921294R
11	<b>Kerala Ayurveda Centre Pte Ltd</b> 43, Chander Road, Singapore 219544.	Dr. Elamthuruthi Joseph Joshi	201001351W
12	<b>Malayala Ayurveda Vaidyasala Pte Ltd</b> 442, Serangoon Road, #01-01, Singapore 218135	Mr. A. Mahesh	200408893G

	Company Name	Owner / Director's Name	UEN
13	<b>Union Centre Pte Ltd</b> 51 Chun Tin Road Mandarin Park Singapore 599625	1. Ong Pei Jia Monalisa, 2. Dr. Satyam Tripathi	201220843G
<b>Ayurvedic Clinic Only Facility</b>			
1	<b>Reverse Age Health Services Pte Ltd.</b> Under the Brand name: Ega Juice Clinic 583 Orchard Road #B1-11 Forum, Singapore. 238884	Dr. Chettiyam Thodiyl Ratheesh	201315616Z

## NEW MEMBERS INDUCTION PROGRAMME

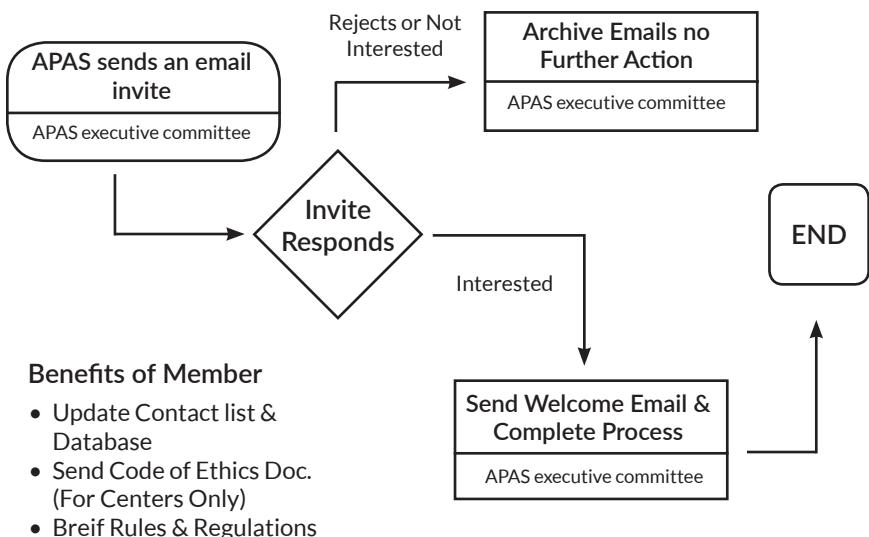
### Introduction

The APAS executive committee can invite new members (Ayurvedic centers or Individual) or members of the public can email APAS to join in as a member.

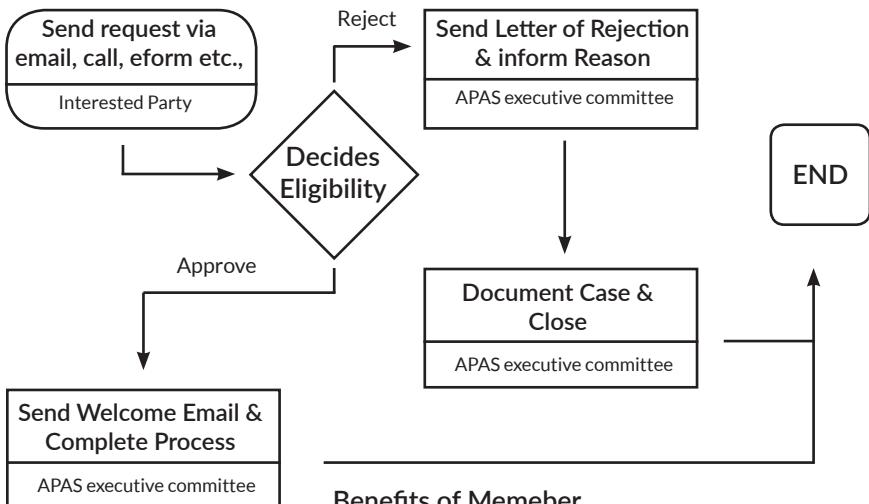
**Scenario A:** If APAS Knows there is a New Ayurvedic Centre or Wants to invite a member of the public

**Scenario B:** Non Invited Centres and Members of Public

## Scenario A: If APAS Knows there is a New Ayurvedic Centre or Wants to invite a member of the public



## Scenario B: Non Invited Centres and Members of Public



# DISCIPLINARY & GRIEVANCE HANDLING PROCESS

## INTRODUCTION

A grievant be it from the public or within the association can email APAS if there has been any form of grievance that he/she had encountered. It could be due to the service offered by a particular center's physician, therapist or any other employee.

## ROLES AND RESPONSIBILITIES OF THE DISCIPLINARY & GRIEVANCE COMMITTEE

The primary role of this committee is to

1. Convene if there is a case of grievance towards a member of APAS or their center's services.
2. Conduct a thorough investigation regarding the complaint.
3. Advice a resolution plan to ensure the respondent's complaint is addressed.

