

## 2. Continuing Professional Education framework

### 2.1 Compulsory CPE Requirements for membership renewal:

- Qualifying period: 2 years
- CPE point requirements: 50 CPE credits
  - Maximum allowed from any category: 50% of total cycle credits
  - At least 30 CPE points (60%) of the total CPE point must be from attending training courses and accredited courses on Ayurveda practice
  - Excess credits cannot be carried forwards

### 2.2. CPE Event categories

At least 30 CPE points (60%) of the total CPE points must be from attending trainings and accredited courses or conferences or scientific meetings on Ayurvedic practices.

Category 1	Types of events
1A	Local pre-approved events - Short-term structured training, teaching session and case study discussion
1B	Other local pre-approved events – Conference / Seminar / Workshop
1C	Overseas events, events organised by other accredited medical/ para-medical/ healthcare establishments
1D	Local clinical mentorship programme & structured programmes organised by accredited CPE event provider with appropriate clinical training base.
Category 2	
2A	Publication of books / original papers / editorial works / reviews
Category 3	
3A	Self-directed learning & self-study (without assessment) - Reading of Ayurvedic / medical books/ recognised professional journals, self-study from audio-visual tapes & online education
3B	Self-directed learning - Online education (with assessment)

Each category will be awarded different CPE points. Please refer to Table A for more details

### 2.3 Submission of CPE Claims

#### i) For CPE Event Categories 1A and 1B:

Accredited CPE event providers are to submit event attendance on behalf of Ayurveda practitioners who attended the events within one month of the completion of each CPE event.

ii) For Case Study Discussion under Category 1A:

CPE points can be awarded to Ayurveda practitioners who participated in case study discussion approved by the Board. The participants need to complete assessment questionnaire at the end of each discussion. The accredited CPE event provider organising the case study discussion is responsible for submitting CPE attendance on behalf of Ayurveda practitioners, keeping records of the case discussion, setting the questionnaire and providing reports for audit purposes.

iii) For Local Clinical Mentorship Programme under Category 1D:

Trainees under the approved clinical mentorship programme shall fill in a logbook on the clinical mentorship containing the dates and time of clinical training, and the cases seen. Mentor has to provide written assessment and sign on the logbook after each training session. The CPE providers have to ensure that the training is properly administered and submit a copy of the logbook through the online CPE module. CPE points are awarded to mentors and trainees upon submission of attendance by CPE event provider.

iv) For Event Categories 1C, 2A, 3A or 3B:

Ayurveda practitioners shall submit online CPE claim applications personally for attending the following CPE events/activities:

Category 1C - Lecture, conference, seminar or workshop held overseas or organized by other accredited medical/para-medical / healthcare establishments

Category 2A - Publication of books / papers / editorial works / reviews

Category 3A - Self-directed Learning (self-study without assessment)

Category 3B - Self-directed Learning (online education with assessment)

v) List of Accredited CPE Events: To search for list of accredited CPE events & CPE event providers, please refer to Table D. Ayurvedic practitioners should enquire directly with CPE event providers for details and accreditation.

All claims of CPE points must be supported with relevant supporting documents. Please refer to Table B. Ayurvedic practitioner will be informed via email when the CPE claim application is approved.

**2.4 Monitoring of CPE Points:** Ayurvedic practitioners are advised to monitor their CPE points and to ensure that they meet the CPE requirement before the end of QP. You would need to login to APAS website to check your CPE points attained.

## CPE Event Categories and CPE Points

Table A: CPE Event Categories and CPE Points

Event category	Types of Event	Participation Role	Role Criteria	CPE Points	Max. CPE Points
1A Local Pre-approved Events	Short-term structured training, teaching session conducted by APAS	Participant	1 to < 2 hours	1	No cap
			2 to 4 hours	2	
			1 day	4	
		Speaker / Trainer	< 2 hours	2	
			2 to 4 hours	4	
	Case study discussion conducted by APAS	Participant	1 day	6	
			2 to 4 hours	2	
1B Other Pre-approved Local Events	Conference/ seminar /workshop	Participant	1 to < 2 hours	1	No cap
			2 to 4 hours	2	
			1 day	4	
			1.5 days	6	
			2 days	8	
			2.5 days	10	
			3 days or more	12	
	Speaker / Trainer		< 2 hours	2	
			2 to 4 hours	4	
			1 day	6	
			1.5 days	8	
			2 days	10	
			2.5 days	12	
			3 days or more	14	
1C Overseas Events Events organised by other accredited medical / paramedical / healthcare establishments	Lecture/conference/seminar /workshop	Participant	1 to < 2 hours	1	No cap
			2 to 4 hours	2	
			1 day	4	
			1.5 days	6	
			2 days	8	
			2.5 days	10	
			3 days or more	12	
	Speaker / Trainer*		< 2 hours	2	
			2 to 4 hours	4	
			1 day	6	
			1.5 days	8	
			2 days	10	
			2.5 days	12	
			3 days or more	14	
	Short-term training course	Participant	1 to < 2 hours	1	No cap
			2 to 4 hours	2	
			1 day	4	
			1.5 days	6	
			2 days	8	
			2.5 days	10	
			3 days or more	12	
1D Local Clinical Mentorship Program	Post-graduate study in Ayurveda	Participant	Per 2 hours	1	
		Mentee	Per 2 hours	1	
		Mentor	Per 2 hours	2	

Event category	Types of events	Participation Role	Role Criteria	CPE Points	Max. CPE Points
2A Publication of Books / Papers / Editorial Works / Reviews	Presentation of paper/ poster at local/ overseas conference/ seminar	Presenter	Per paper/ poster	2	No cap
	Publication of paper/ report in recognized professional journal	Main Author/ Subsidiary Author	Per article	2	
	Editorial work / review of Ayurveda professional book / textbook /reference book / recognized professional journals	Chief Editor	Per book/ journal	5	
		Subsidiary Editor	Per book/ journal	2	
		Reviewer	Per book/ journal	2	
	Author of Ayurveda professional book/ textbook/ reference book	Main Author	Per book	10	
		Subsidiary Author	Per book	2	
3A Self-directed Learning	Reading of Ayurvedic / medical books/ recognized professional journals  Self-study from audio visual tapes  Online education (without assessment)	Document of self-claim application	Per article	1	Cap 30% (15 CPE points)
3B Self-directed Learning (with assessment)	Publication of paper/ report in recognized professional journal	Main Author/ Subsidiary Author	Per article	2	No cap

Table B: CPE Claim Submission by Ayurvedic Practitioners

Event Category	Types of Event	Documents for Self-claim Application	Attendance Submission
1C Overseas Events	Lecture/ conference/ seminar/ workshop	1) Event program details (including program details, date & time) 2) Certificate of attendance (including date, time, participant/speaker)	Submit documents within one month of event completion, together with the online CPE claim application.
1C Overseas Events	Short-term training course	1) Course program details (including course details, date & time) 2) Certificate of attendance on completion (including date, time, participant/speaker)	
1C Overseas Events	Post-graduate study in Ayurveda	1) Admission notice 2) Transcript / course progress report 3) Certificate of completion 4) Post-graduate degree (if applicable)	
2A Publication of Books/Papers	Presentation of paper/poster (local or overseas)	1) Paper/poster 2) Certificate issued by organizer	
2A Publication of Books/Papers	Publication of paper/report in recognized journal	1) Paper/report 2) Journal cover/contents page	
2A Publication of Books/Papers	Editorial work / review	1) Book/Journal cover 2) Contents page	
2A Publication of Books/Papers	Author of professional book	1) Book cover 2) Contents page	
3A Self-directed Learning	Reading of books/journals / Self-	1) Book cover/article/website link/certificate 2) Reflection/summary of article read	

(without assessment)	study from tapes / Online (no assessment)		
3B Self-directed Learning (with assessment)	Online education (with assessment)	1) Certificate of completion 2) Screenshot of assessment results	

Table C: Application of Event Accreditation by CPE Event Providers

Event Category	Types of Event	Documents for Event Application	Attendance Submission
1A Local Pre-approved Events	Short-term structured training / teaching / tutorial session	1) Event program details 2) Information on speakers (as per template)	Attendance records submitted online by provider within one month after event completion.
1A Local Pre-approved Events	Case study discussion	1) Pre-application 2) Records of discussion (slides/notes)	
1B Other Pre-approved Local Events	Conference / seminar / workshop	1) Event program details 2) Information on speakers	
1D Local Clinical Mentorship Program	Structured program with appropriate clinical training base	1) Pre-application 2) Logbook records of clinical training	

Table D: Application of Event Accreditation by CPE Event Providers

NCISM	National Commission for Indian System of Medicine CME series
AYUSH	Ministry of Ayush, Govt. of India CME series
Ministry of Ayush	Ayurveda CME platform CME series
AIIA	All India Institute of Ayurveda CME series
Aachaara Rasaayanam	Sitaram Ayurveda Thrissur, online CME series for Ayurvedic doctors
NAMA PACE	National Ayurvedic Medical Association Professional Ayurvedic Continuing Education, USA
AAPA	Australasian Ayurvedic Practitioners Association CME series
DHA	Dubai Health Authority CME series
DOH	Department of Health – Abu Dhabi CME series
MOHAP	Ministry of Health and Prevention of the United Arab Emirates CME series

#### 4. Documentation Requirements

- Certificates of completion
- Logbooks for teaching/supervision
- Attendance records
- Summaries for self-study or journal learning

Retention period (by the practitioner): minimum 3 years. APAS may audit up to 10% of members annually.

5. Practice Interruption Rules:

If practitioner stops practicing for 3 years or more: Required 10 additional CPE credits (any category except self-study)

6. Annual Review:

APAS will review this framework annually based on:

- Changes in MOH/APAS/ Governing Council's regulatory guidelines
- AYUSH/Ayurgyan Yojana updates in India
- World Health Organization's *Benchmark for Training in Ayurveda* (WHO, 2010),
- Local sector growth and feedback